



Premium quality products.

Grecelia IKE is a small company based in Greece that operates in the field of high quality organic food.

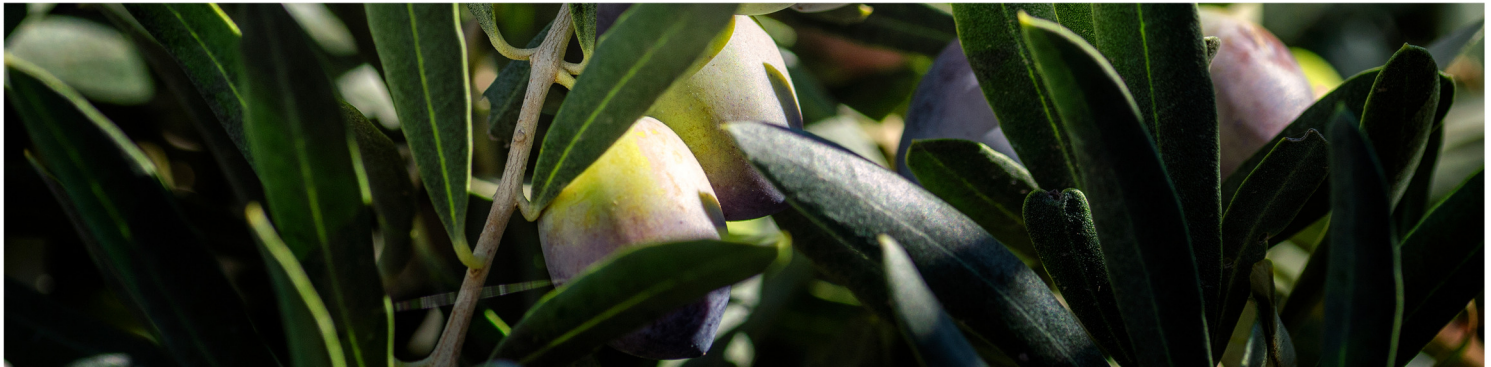
Recently, it presented its first product line called "Greece in a bottle".

The series "Greece in a bottle" includes 8 unique products with extra virgin olive oil from organic farming flavored with essential oils of spearmint, greek oregano, lemon and sweet chili and vegetable oils like virgin walnut oil , virgin hazelnut oil , virgin almond oil and virgin avocado oil in 100ml bottles.

All bottles have spray pumps and each spray has only 1cal / per spray.

All products as well as the company's production laboratory (olive oil bottling plant) are certified by the authorized institute GMCert and the Ministry of Rural Development and Food.

More information can be found at www.grecelia.gr



Products



Greek oregano	4
Lemon	5
Spearmint	6
Sweet chili	7
Walnut	8
Hazelnut	9
Almond	10
Avocado	11



Greek oregano

Extra virgin olive oil with essential oil of Greek oregano. 100% Organic

A 100% natural product that will forever change the way you cook. The rich aroma of ultra-premium virgin olive oil in combination with the essential oil of Greek oregano creates a pure gift of nature that is 100% natural, suited for those who want to upgrade their food in terms of taste and nutrition.

It is recommended to be consumed raw, after cooking in order to offer all its aromas and rich taste. With just 1 calorie per spray. Uses: French fries, burgers, Greek salad, grilled fish, meat on the bbq, legumes in the pot, moussaka, grilled vegetables etc.

Recommended dosage: 1 spray per serving, for a light oregano aroma,
2 sprays per serving of food, for a rich oregano aroma,
3 sprays per serving of food for a strong aroma of oregano.

Extra cooking tip: Each spray equals the taste of a pinch of dried oregano.



Lemon

Extra virgin olive oil with essential oil of lemon.
100% Organic

A 100% organic product with an unsurpassed aroma and taste of freshly squeezed lemon.

The rich aroma of olive oil in combination with lemon essential oil creates a unique result that will forever change your cooking habits.

A 100% natural product for those who love the taste of lemon but not particularly fond of its acidity.

It is recommended to be consumed raw, after cooking in order to offer the full range of its aromas.

With just 1 calorie per spray.

Uses: Fresh salads, boiled and grilled vegetables, grilled fish, chicken, bbq meat, cocktails, shellfish and mollusks.

Recommended dosage: 2 spray per serving, for a mild lemon aroma. 4 sprays per serving of food, for a rich lemon aroma. 5 sprays per serving of food, for a strong lemon aroma.

Extra cooking tip: Add a few sprays into fresh Greek salad to enhance its taste.



Spearmint

Extra virgin olive oil with essential oil of spearmint.
100% Organic

A 100% organic product with a cool spearmint aroma for use in the kitchen or the bar.

The fruity taste of olive oil combined with the fresh aroma of spearmint offers you new delicious pleasures that you had not discovered ever before.

A 100% natural product for those who want to try something completely different and enjoy Greek traditional recipes.

It is recommended to be consumed raw, after cooking in order to offer all the freshness and coolness of spearmint.

With just 1 calorie per spray.

Uses: Stuffed, risotto, fresh salads, cocktails such as mojito, Mediterranean cuisine, creamy sauces, pasta etc.

Recommended dosage: Cooking: 1 spray per serving, for a mild spearmint aroma 3 sprays per serving for a rich spearmint aroma. Cocktail: 3 sprays on the glass for a mild spearmint flavor. 1-2 sprays in the garnish for a rich aroma.

Extra tip: Use it in cocktails that contain mint and enhance the aroma of the Cocktail, without revealing your secret ingredient.



Sweet chili

Extra virgin olive oil with sweet chili aroma.
Organic

An essential ingredient for any kitchen. (non-hot) The fruity but also slightly spicy taste of olive oil in combination with the sweet taste of chili pepper creates an irresistible combination that can give a rich and exotic taste to your food without any burning.

A 100% natural product for those who love Mediterranean cuisine and sweet paprika. It is recommended to be consumed raw, after cooking to offer all its rich taste.

With just 1 calorie per spray.

Uses: Mediterranean or Mexican cuisine, french fries, pizza, pop corn, bbq meat, sayanaki, fresh salads, grilled vegetables and literally in every recipe.

Recommended dosage: Cooking: 2 sprays per serving for a mild sweet chilli taste , 5 sprays per serving of food for a rich sweet chili taste , 7 sprays per serving for a strong sweet chili flavor.

Extra cooking tip: If you love but can not stand the burn in spicy foods, then this oil, will be your best friend.



Walnut

Cold pressed walnut oil.
100% pure & organic

Organic product without additives, preservatives or heat treatment.
(cold - pressed) A top quality vegetable oil for daily use.
The rich walnut flavor combined with the soft and sweet nut aroma creates an oil that will give flavor and high nutritional value to everyday recipes.

A 100% natural product with innumerable positive effects on human health. It is recommended to be consumed raw, or at low temperature.

With just 1 calorie per spray.

Uses: Fresh salads, grilled vegetables, pasta, sauces, pastries, ice cream, cocktails etc.

Recommended dosage: Cooking: 2 spray per serving, for mild walnut flavor 4 sprays per serving, for rich walnut flavor 6 sprays per serving for intense walnut flavor Cocktail: 3 sprays per glass after serving.

Extra tip: Organic cold pressed walnut oil is the highest quality form you can find in nature, which is why it can be used on the skin as a natural oil to maintain and improve skin texture.



Hazelnut

Cold pressed hazelnut oil.
100% Pure & Organic

Organic product without additives, preservatives or heat treatment.

An extra premium quality nut oil with multiple uses in everyday life. The full flavor of nuts in combination with the favorite and sweet aroma of hazelnut creates an oil that will be loved and enjoyed in everyday recipes.

A 100% natural product that can change forever the way you prepare breakfast. It is recommended to be consumed raw, or at low - medium temperature intensity.

With just 1 calorie per spray.

Uses: Breakfast, sweets, fresh salads, drinks, chicken, cocktails etc.
Recommended dosage: Cooking: 2 spray per serving for mild hazelnut flavor 3 sprays per serving for rich hazelnut flavor 5 sprays per serving for intense hazelnut flavor

Cocktail: 1 spray per glass before serving

Extra tip: Cold pressed hazelnut oil is the magic ingredient of our favorite hazelnut praline, add it to yogurt, milk or smoothie and after a good mix discover its amazing taste without the fear of unnecessary calories.



Almond

Cold pressed almond oil.
100% pure & organic

Organic product without additives, preservatives or heat treatment. The king of nut oils in the highest quality offered by mother nature.

The beloved taste of almond in combination with its characteristic aroma creates an oil that once you try it you cannot imagine your life without it.

A 100% natural product with a multitude of beneficial effects on the human body. It is the basis for multiple care products worldwide and its demand is growing rapidly year by year.

It is recommended to be consumed raw, at low or medium temperature intensity.

With just 1 calorie per spray.

Uses: Breakfast, sweets, coffee, fresh salads, drinks, cocktails etc.
Recommended dosage: Cooking: 3 sprays per serving for a mild almond flavor 4 sprays per serving, for a rich almond flavor 6 sprays per serving for a strong almond flavor.

Cocktail: 2 - 3 sprays per glass after serving. Extra tip: Almond oil has a miraculous effect on human skin, use it on clean skin and see the difference immediately.



Avocado

Cold pressed avocado oil.
100% pure & organic

Organic product without additives, preservatives or heat treatment. A vegetable oil that is loved all over the world for its rich taste and nutritional value.

The smoked taste of avocado in combination with its soft and fruity aroma creates an oil that fits to extraordinary or everyday recipes.

It is recommended to be consumed raw, or at low or medium heat.

With just 1 calorie per spray.

Use it: Fresh salads, chicken, meat on the bbq, grilled vegetables, sauces, breakfast etc.

Recommended dosage: Cooking: 2 sprays per serving, for mild avocado flavor 4 sprays per serving, for rich avocado flavor 6 sprays per serving for intense avocado flavor

Extra tip: Add avocado oil to homemade guacamole to upgrade its thickness and flavor.

